

## Training Program Fact Sheet<sup>1</sup>

### I. ASHI CPR, AED, and First Aid Training Programs

- a. Basic First Aid
- b. Advanced First Aid
- c. Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED)
- d. Pediatric CPR, AED, and First Aid
- e. Emergency Medical Response
- f. Wilderness First Aid
- g. Child and Babysitting Safety

### II. About the American Safety and Health Institute and the Health and Safety Institute

- a. The American Safety and Health Institute (ASHI) CPR, AED, and First Aid training programs are developed and administered by the <u>Health and Safety Institute</u> (HSI).<sup>2</sup>
- b. HSI is a major U.S. CPR, first aid, emergency medical and safety training organization.<sup>3</sup> ASHI CPR, AED, and First Aid training programs are equivalent to the CPR, AED, and First Aid training programs developed and administered by the American Heart Association,<sup>®</sup> Inc. (AHA) and the American National Red Cross (ARC).
- c. An HSI representative was a volunteer member of the 2015 International Liaison Committee on Resuscitation (ILCOR) First Aid Task Force and a collaborator on the 2015 International Consensus on First Aid Science with Treatment Recommendations.<sup>4</sup>

# III. ASHI CPR, AED, and First Aid Training Programs are Current⁵, Evidence-Based, and Conform to the:

- a. 2010 AHA Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science.
- b. 2010 International Liaison Committee on Resuscitation (ILCOR) International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations
- c. 2010 American Heart Association,® Inc. (AHA) and American Red Cross (ARC) International Consensus on First Aid Science With Treatment Recommendations
- d. 2010 AHA and ARC Guidelines for First Aid
- e. 2011 Standards for First Aid and CPR training of the American Academy of Pediatrics, American Public Health Association, and National Resource Center for Health and Safety in Child Care and Early Education, Caring for our children: National health and safety performance standards; Guidelines for early care and education programs. 3rd edition ("CFOC3")
- f. The criteria of the Boy Scouts of America for Wilderness First Aid Curriculum and Doctrine Guidelines
- g. National Emergency Medical Services Education Standards, <u>Emergency Medical Responder</u>

<sup>&</sup>lt;sup>1</sup> Last reviewed/updated: February 9, 2016

<sup>&</sup>lt;sup>2</sup> Advanced First Aid and Emergency Medical Response are developed in partnership with <u>Pearson</u>, the world's leading education company.

<sup>&</sup>lt;sup>3</sup> Anderson ML, et al. Rates of cardiopulmonary resuscitation training in the United States. JAMA Intern Med. 2014 Feb 1;174(2):194-201

<sup>&</sup>lt;sup>4</sup> Singletary EM, et al; on behalf of the First Aid Chapter Collaborators. Part 9: first aid: 2015 International Consensus on First Aid Science With Treatment Recommendations. *Circulation*. 2015;132(suppl 1):S269–S311.

<sup>&</sup>lt;sup>5</sup> Instructors and training programs are in the process of being updated to the 2015 AHA Guidelines. For more see http://www.hsi.com/guidelines

h. Recommendations of the Federal Occupational Safety and Health Administration (OSHA) <u>Best Practices</u> Guide: Fundamentals of a Workplace First-Aid Program

### IV. Acceptance and Accreditation

- a. ASHI CPR, AED, and First Aid training programs are currently accepted, approved, or recognized as an industry credential meeting the requirements of more than 2200 state and provincial regulatory agencies, occupational licensing boards, national associations, commissions, and councils in more than 550 occupations and professions.
- b. HSI is a nationally accredited organization of the Continuing Education Coordinating Board for Emergency Medical Services (<u>CECBEMS</u>). CECBEMS is the national accrediting body for Emergency Medical Services (EMS) continuing education courses and course providers. CECBEMS accreditation requires an evidence-based peer-review process for continuing education programs comparable to all healthcare accreditors.
- c. HSI is a member of the Council on Licensure, Enforcement and Regulation (CLEAR), the premiere international resource for professional regulation stakeholders.
- d. HSI is a member of the American National Standards Institute (ANSI) and ASTM International (ASTM) both globally recognized leaders in the development and delivery of international voluntary consensus standards.

### V. ASHI CPR, AED, and First Aid Training Programs Are Taught By Qualified Instructors Affiliated With an Approved Training Center and Are Authorized To Certify Course Participants

- ASHI does not offer, recognize, or accept any online-only layperson BLS/CPR certification. Certification of participants requires face-to-face evaluation of hands-on skills by an authorized instructor to verify skill competency.
- b. HSI publishes and administers a set of <u>Quality Assurance Standards</u> designed to monitor and improve the performance of HSI, its approved ASHI Training Centers and Authorized Instructors so that the products and services provided meet or exceed the requirements of employers, regulatory authorities, and other approvers.

If you have questions please contact us at 800-447-3177